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# THE HEALTHY MINDS STUDY

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# ABOUT THE HEALTHY MINDS STUDY (HMS)



## STUDY TEAM

## REPORT TEAM

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## NON-RESPONSE ANALYSIS

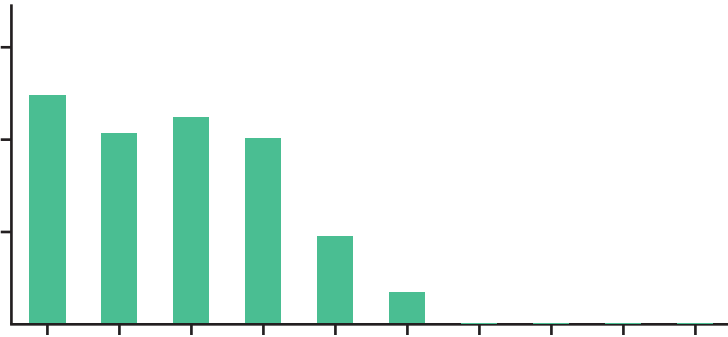
# ABOUT THIS REPORT

## EXPLORING YOUR DATA FURTHER



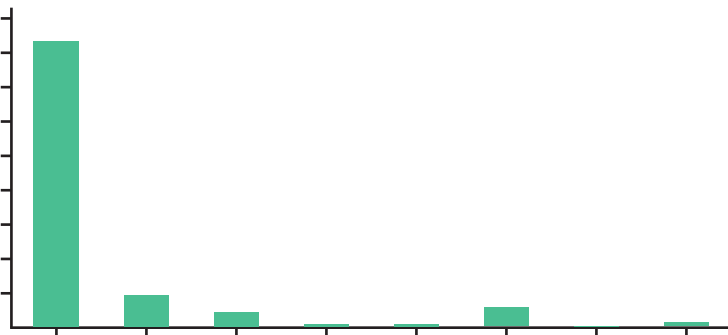
# SAMPLE CHARACTERISTICS (N=162)

Age (years)



Gender

Race/ethnicity



Living arrangement



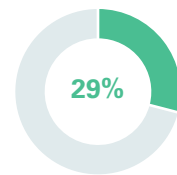
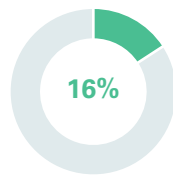
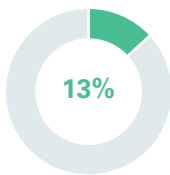
Degree program



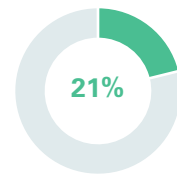
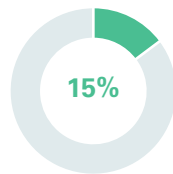
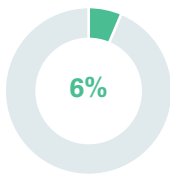


# PREVALENCE OF MENTAL HEALTH PROBLEMS

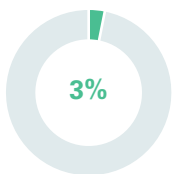
## DEPRESSION SCREEN



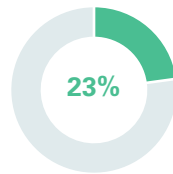
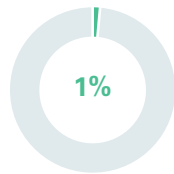
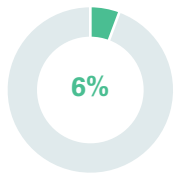
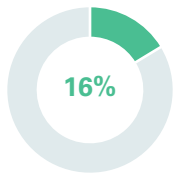
## ANXIETY SCREEN



## EATING DISORDER SCREEN



## SUICIDALITY AND SELF-INJUROUS BEHAVIOR

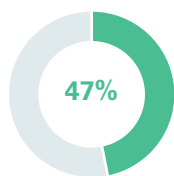


## LIFETIME DIAGNOSES OF MENTAL DISORDERS


## ACADEMIC IMPAIRMENT



## POSITIVE MENTAL HEALTH



# HEALTH BEHAVIORS AND LIFESTYLE

## Drug use


## Binge drinking

## Exercise



# ATTITUDES AND BELIEFS ABOUT MENTAL HEALTH SERVICES

## KNOWLEDGE

Knowledge of campus mental health resources



Perceived need (past year)



Perceived need (current)



# USE OF SERVICES

## Psychotropic medication use, all students (past year)


## Psychotropic medication use among students with positive depression or anxiety screens (past year)




# REFERENCES

## MENTAL HEALTH SCREENS

## SELECTED ARTICLES PUBLISHED WITH HMS DATA

